LARISSA POHORESKI

www.larissapoho.com

larissa.poho@hotmail.com

Larissa Pohoreski is a multidisciplinary performer, production designer, and visual artist currently residing in Edmonton. She has worked both locally and internationally, including performances across Canada, Argentina, Brazil, Poland and Ukraine, as an actor, vocalist, musician, lighting designer and dancer. She was recently hired by the Viter Ukrainian Dancers and Folk Choir in the role of Creative Director for their 25th Anniversary Show, for which she has also written a new 45-minute piece entitled *Kalyna*. In 2018 she was nominated for an Elizabeth Sterling Haynes Award for *Best Original Score of a Play – Blood of Our Soil* (Pyretic Productions). That year she was also named as one of the Alberta Council for Ukrainian Arts (ACUA)'s *Top 30 Under 30* for her diverse skillsets and contributions to Alberta's Ukrainian arts community. She was recently honored by ACUA again with an Award for Ukrainian Artistry. She is the inaugural Common Ground Arts Society (CGAS) Fresh AiR artist, and successfully wrote and produced an immersive site-specific theatrical production in the Edmonton River Valley (*Before the River, 2017*). Under the guise of *Mavka Theatre*, she creates work that merges contemporary aesthetic with folkloric inspiration. Larissa is also an accomplished visual artist whose work has been featured at the Art Gallery of Alberta, the Calgary Public Library, and Latitude53. Her *pysanky* (Ukrainian easter-eggs) were featured on Global News, and in 2016 her mixed media piece, *Hamaliya*, was chosen for the Shevchenko Foundation Bookmark Campaign and was printed on 35,000 bookmarks distributed across Canada. Among her many projects, she is currently deep in the development of her solo multidisciplinary show *Moonshine*.

CAEA: #37449

THEATRE - Performance

Musician/Performer	Biblioteka	2020	Ben Gorodetsky Projects	Ben Gorodetsky
Feature Vocalist	EPOPS Gala	2019	Edmonton Pops	Michael Clark
Mary Poppins	25 th Anniversary Revue	2019	Festival Place	Brian Bast, Shelley Tookey
Ensemble	VAULT (Workshop)	2019	Catch the Keys	Beth Dart
Katya	Blood of Our Soil (Toronto)	2019	Pyretic Productions	Patrick Lundeen
Fiddler/Ensemble	Canada 151	2018	Mayfield Dinner Theatre	Van Wilmott
Reza	ONCE	2018	Citadel Theatre	Anne Hodges
Herself	Moonshine (Nextfest)	2018	Mavka Theatre	Molly MacKinnon
Carmen	Infinity	2018	Theatre Network	Bradley Moss
Katya	Blood of Our Soil (Edmonton)	2018	Pyretic Productions	Patrick Lundeen
Minnie/Violinist	A Wedding for the Ages	2017	Thou Art Here	Neil Kuefler
Sleeping Beauty	Disenchanted!	2017	Foote in the Door	Joy Van de Ligt
Katya	Blood of Our Soil (Workshop)	2017	Pyretic Productions	Patrick Lundeen
Fiddler/Narrator	Gift of the Magi	2016	Thou Art Here	Neil Kuefler
Lighting Designer [Julie]	10 Out of 12	2016	Wildside Productions	Jim Guedo
Winifred Banks	Mary Poppins	2015	Festival Players	Brian Bast
Fiddler/Narrator	Wind in Her Sails	2015	Independent	Kirsten Finlay
Claire	Ordinary Days	2015	Straight Edge Theatre	Bethany Hughes
Emma Goldman/Housewife	Assassins	2015	Loose Ends Theatre	Amber Bissonnette
Mrs. Miller	Rumpelstiltskin	2014	Alberta Opera	Farren Timoteo, Jeff Unger
Rosalia	West Side Story	2014	Festival Players	Shelley Tookey
Margaret Johnson	The Light in the Piazza	2014	MacEwan University	Farren Timoteo
Ensemble	Young Frankenstein	2014	MacEwan University	Jim Guedo
Ms. Gardner	CARRIE: The Musical	2013	MacEwan University	Jim Guedo
Bernarda Alba	Bernarda Alba	2013	MacEwan University	Kate Ryan
Ensemble	Too Much Light Go Blind	2012	MacEwan University	Dave Horak, Jennifer Spencer

THEATRE - Production

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Assistant Director	Evelyn Strange	2020	Teatro La Quindicina	Shannon Blanchett
Creative Director	Kalyna – 25 th Anniversary Show	2020	Viter Ukrainian Choir	Anna Kanavets, Lesia Pohoreski
Lighting Designer	Simone et le whole shebang	2019	L'Uni Theatre	Vincent Forcier
Music Director	Blood of Our Soil (Toronto)	2019	Pyretic Productions	Patrick Lundeen
Lighting Designer	Surveil <i>(Fringe)</i>	2018	Hip.Bang!	Tom Hill, Devin Mackenzie
Lighting Designer	Gossamer Obsessions (Fringe)	2018	Rapidfire Theatre	Paul Blinov, Amy Shostak
Music Director	Blood of Our Soil (Edmonton)	2018	Pyretic Productions	Patrick Lundeen
Lighting Designer	Les Neiges	2017	L'Uni Theatre	Vincent Forcier
Playwright/Music Director	Before the River	2017	Mavka Theatre	Vincent Forcier
Playwright	Moonshine	2017	Mavka Theatre	Vincent Forcier
Choreographer	Disenchanted!	2017	Foote in the Door	Joy Van de Ligt
Music Director	Blood of Our Soil (Workshop)	2017	Pyretic Productions	Patrick Lundeen
Assistant Lighting Design	The Water Project	2017	University of Alberta	Mike Kennard, Jeff Osterlin (LD)
Lighting Design	La Raccourcie	2017	L'Uni Theatre	Brian Dooley
Set Design	Willy Wonka Jr.	2017	St. Theresa Middle School	Lesia Pohoreski, Sarah Congdon
Assistant Lighting Design	Footloose	2017	MacEwan University	Dave Horak, Scott Peters (LD)
Violin	Spring Awakening	2016	Scona Alumni Theatre Co.	Linette Smith, Keat Machtemes (MD)
Lighting Design	At the Bazaar	2015	Viter Ukrainian Choir	Tasha Orysiuk, Lesia Pohoreski
Set and Lighting Design	Alice in Wonderland	2015	St. Theresa Middle School	Lesia Pohoreski, Sarah Congdon
Lighting Design	An Homage to Billie Holiday	2014	Citie Ballet	Francois Chevennement, Alysa Pires
Lighting Design	Dogfight	2014	Three Form Theatre	Curtis Labelle
Set and Lighting Design	Seussical	2014	St. Theresa Middle School	Lesia Pohoreski, Cynthia Metzger
Projection Content Design	Candide	2014	Opera Nuova	Brian Deedrick
Lighting Design	Viter in Concert	2014	Viter Ukrainian Choir	Tasha Orysiuk, Lesia Pohoreski
Lighting Design	The Wild	2012	Not Just Lucky	Tara Gaucher, Christine Birch
Lighting Design	FUSION: Harmony in Motion	2011	Viter Ukrainian Choir	Les Sereda, Lesia Pohoreski
Set Design	Death and the Maiden	2010	University of Alberta (BLT)	Donna-Marie Baratta
Lighting Design	Seasons of Culture	2009	Viter Ukrainian Choir	Les Sereda, Lesia Pohoreski
Lighting Design	The Changeling	2009	University of Alberta (BLT)	Mitchell Cushman
FILM				
Mom	We've Got You Covered	2019	AMA	Freshwater Creative, Jeremy Chugg
Funeral Singer	They Who Surround Us	2019	Gynormous Pictures	Troy Ruptash
Kim from Calgary	Ask a Travel Expert	2019	AMA	Freshwater Creative, Jeremy Chugg
Surgeon	Impact Edmonton	2017	EEDC	Cineflair, Amro Maghrabi (Dir)
Narrator/Host	You Think Edmonton (UCHV)	2017	Edmonton Tourism	Cineflair, Amro Maghrabi (Dir)
Dancer	Chains (Music Video Parody)	2017	RAANI	Travis Nesbitt, Sky Slywchuk (Choreo)
Server	ProServe Training Video	2017	AGLC	Idea Factory, Drew Martin (Dir)
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TEACHING CREDITS

Workshop Instructor	The Art of Writing Pysanky	2019	Independent
Choreographer/Juror	THAR Dance Juries	2019	MacEwan University
Off-Ice Dance Training	Summer Skate Session	2018	Extreme Edge Skating Club
Off-Ice Dance Training	Summer Skate Session	2018	Sherwood Park Skating Club
Camp Facilitator	Shumka Star Dance Camp	2017	Shumka School of Dance
Choreographer/Juror	THAR Dance Juries	2017	MacEwan University

Workshop Instructor	Historic Dances (pre-1930s)	2017	Fort Edmonton Park
Workshop Instructor	Musical Theatre	2017	St. Theresa Middle School
Choreographer/Juror	THAR Dance Juries	2016	MacEwan University
Workshop Instructor	Musical Theatre	2016	St. Theresa Middle School
Choreographer/Juror	THAR Dance Juries	2015	MacEwan University
Choreographer/Instructor	Ukrainian Dance	2012	Independent
Dance Instructor	Ukrainian Dance	2012	Dance Unlimited
Dance Instructor	Ukrainian Dance	2012	Koperoush School of Dance

VISUAL ART & GRAPHIC DESIGN

Gallery Exhibitions:

North American Pysanka Exhibit; Pysanka Museum; Kolomyia, Ukraine

The Gigantic (and tiny!) Pysanka Ehibition; Alberta Council for Ukrainian Arts, group exhibit curated by Borys Tarasenko

Wish150, Latitude 53, group exhibit curated by Tegan Siganski

Five Waves of Inspiratio, Art Gallery of Alberta, group exhibit curated by Larisa Sembaliuk-Cheladyn

Five Waves of Inspiration, Calgary Public Library, group exhibit curated by Larisa Sembaliuk-Cheladyn

Promotional Materials:

Murder at Big Little Lake (DieNasty); Best Foot Sideways (Novus Actors); Minosis Gathers Hope (Punctuate Theatre); Disenchanted! (Foote in the Door); Bountiful, Merk du Soleil, Merk DEUX Soleil, River City the Musical (Dammitammy); Before the River, Moonshine (Mavka Theatre); Blood of Our Soil (Pyretic Productions); Schedriy Vechir, Fiddler in the Village, Mosaic of Malanka, FUSION: Harmony in Motion, Seasons of Culture (Viter Ukrainian Dancers and Folk Choir); Eusha (Shortgirl Productions); Echoes of a Lost King (Old Norse Theatre); Head a Tete (Nemesis Theatre); Promotional Banners for the Department of Modern Languages and Cultural Studies (University of Alberta)

CD Album Artwork:

Koliada, Viter (Viter Ukrainian Folk Choir); Zhyto (Zyto band); All Lit Up (Misterfire)

EDUCATION

MacEwan University - Theatre Arts Diploma with Distinction, 2014

University of Alberta – Theatre Design (2008-2011)

TRAINING/WORKSHOPS

Performance Lab Workshops – Dave Horak, Amber Borotsik, Azimuth Theatre; Edmonton, Alberta, Canada (2017, 2018, 2019)

Rhythm Tap - Pique Dance Centre; Edmonton, Alberta, Canada (2016)

Hip Hop - Pique Dance Centre; Edmonton, Alberta, Canada (2015)

Contact-Improv – Gerri Morita, Mile Zero Dance; Edmonton, Alberta, Canada (2014)

Bukovynian Dance – Leonid Sydorchuk; National Honored Bukovynian Song and Dance Ensemble; Chernivtsi, Ukraine (2012)

Poltava Dance – Myroslav Vantuh; National Honored Academic Dance Ensemble of Ukraine named Virsky; Kyiv, Ukraine (2012)

Tango Dance – Buenos Aires, Argentina (2010)

Volyn Dance - Volyn Ukrainian Song and Dane Company; Lutsk, Ukraine (2008)

Pokuttian Dance – Dana Demkiv; Pokuttya Folk Dance Ensemble; Kolomyia, Ukraine (2006)

Podillyan Dance – Podillya Dance Ensemble; Khmelnytskiy, Ukraine (2006)

Ukrainian Dance Instructors Conference – Edmonton, Alberta, Canada (2004)

AWARDS/GRANTS/RESIDENCIES

Recipient – 2019 Rena Hanchuk and Yaroslav Kitynskyy Award for Ukrainian Artistry

Recipient - 2019 Edmonton Arts Council CIP Travel Grant, Biblioteka

Nominee – 2018 Elizabeth Sterling Haynes Award for Outstanding Score of a Play, Blood of Our Soil

Recipient – 2018 Alberta Council for the Ukrainian Arts (ACUA) Top 30 Under 30

Recipient – 2017 Shevchenko Foundation Individual Projects Grant, Theatre, Before the River

Recipient – 2017 Common Ground Arts Society (CGAS) Fresh AiR (Artist in Residence) Program

Recipient – 2016 Shevchenko Foundation Bookmark Campaign, Hamaliya